



Dear General Practitioners,

The team at Bay Navigator is currently looking for enthusiastic GP's who might like to be part of the next Bay Navigator pathway development team.

We are hoping to create pathways on the **primary care management of anxiety and depression**. The aim of the project will be to develop locally based guidelines for health providers and a repository of relevant resources and community services.

Pathway teams usually meet for 1-2 hours on about 6 occasions over a 3 month period. GPs are remunerated at \$150 per hour for their time at these meetings. EBOP GP's are able to video conference into the meetings and are not expected to travel. Involvement would commit you to these meetings. MOPS points do apply.

It is important for us to have GP representations from both EBOP and WBOP on the pathway team. There is no expectation that GP participants are 'experts' in the pathway topic. It is their generalist GP knowledge that is important. This pathway group will include psychiatrists, psychologists, PHO representation, local NGO's, nurse practitioners and consumer advisors amongst others.

Those GPs who have previously participated in pathway development have been almost universally positive about the experience.

If you feel you might be interested in being on this pathway I would love to hear from you and would be happy to discuss this with you further.

Please email me at [Alison.james@bopdhb.govt.nz](mailto:Alison.james@bopdhb.govt.nz)

Please [click here](#) to read a brief summary about Bay Navigator, which I hope will help to clarify its role and potential impact.

*Alison*

Dr Alison James MBBS DRCOG FRNZCGP

GP Liaison/ Clinical Advisor (Women, Child and Family and Mental Health)

Bay of Plenty District Health Board

Mobile Phone - 0272013719