

**Welcome to our TIA F.A.S.T. clinic.** It is important to see people who have had a Transient Ischaemic Attack (TIA), as soon as possible to make an accurate diagnosis, refer for tests and reduce the chance of a stroke.

Please relax and be prepared to remain with us, as an ambulatory patient for several hours, as we endeavour to get all necessary tests done the same day. But occasionally you may require an additional appointment on another day.

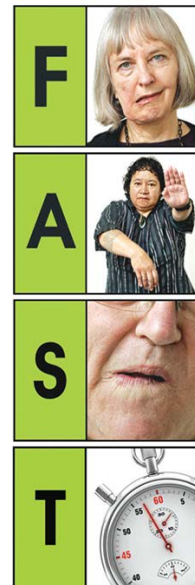
Following a suspected TIA you are not allowed to drive, and so please arrange to be transported to and from your appointment with us. **Please do not drive.**

Once you have reported at reception in the Health in Ageing Department (HIA), we will arrange preliminary observation and tests, as required, such as:

1. Blood pressure, pulse, weight
2. Blood tests
3. Cardiograph (ECG)
4. CT brain scan
5. Ultrasound scan of your neck

You will be asked about what happened, and with your permission be examined. The information will be collated and a treatment plan offered with a copy to your GP. Supportive written information is provided related to medication and managing vascular risk factors.

Whilst you are with us, please indicate to our receptionist if you are feeling unwell and she will alert us.



**Your TIA F.A.S.T. team are:**

Booking Clerk:  
Sandra Walden,  
5798331

HIA Receptionists:  
Sheryn and Brina  
5798716

Clinical Stroke  
Nurse Specialist:  
Trish Blattmann  
0277046305

Clinical Nurse  
Manager: Fay  
Mattson 5798848

**Directions to:**

- Outpatient Department or Pathlab for blood tests
- Cardiology services for cardiograph (ECG) and a 'Holter monitor' (heart rhythm monitor to wear for 2-3 days)
- Radiology for CT brain scan and/or Neck Ultrasound (Carotid Doppler)
- HIA ward (where the TIA clinic is based)

