



# Change to TFT Requesting

While TSH is the first line test in the majority of patients, there are settings when testing FT4 is indicated. In these settings (see below), it is best to request FT4 specifically and avoid any uncertainty associated with the term “TFT’s”.

Indications for requesting FT4:

- Central (pituitary disease) hypothyroidism
- Suspected non adherence with supplementation
- During first 2 months of treatment of hyper- or hypothyroidism
- Acutely unwell (only test if results are likely to alter management)
- Pregnancy

## From 17<sup>th</sup> August 2015

TSH and FT4 are performed when requested – this will not change.

FT3 testing – no change

If “TFT’s” are requested we will perform TSH only

If TSH is “abnormal” we will automatically add FT4 and FT3 as per BPAC guidelines.

If you have any queries or concerns to this change in our service please do not hesitate to contact me.

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