

**KEY**

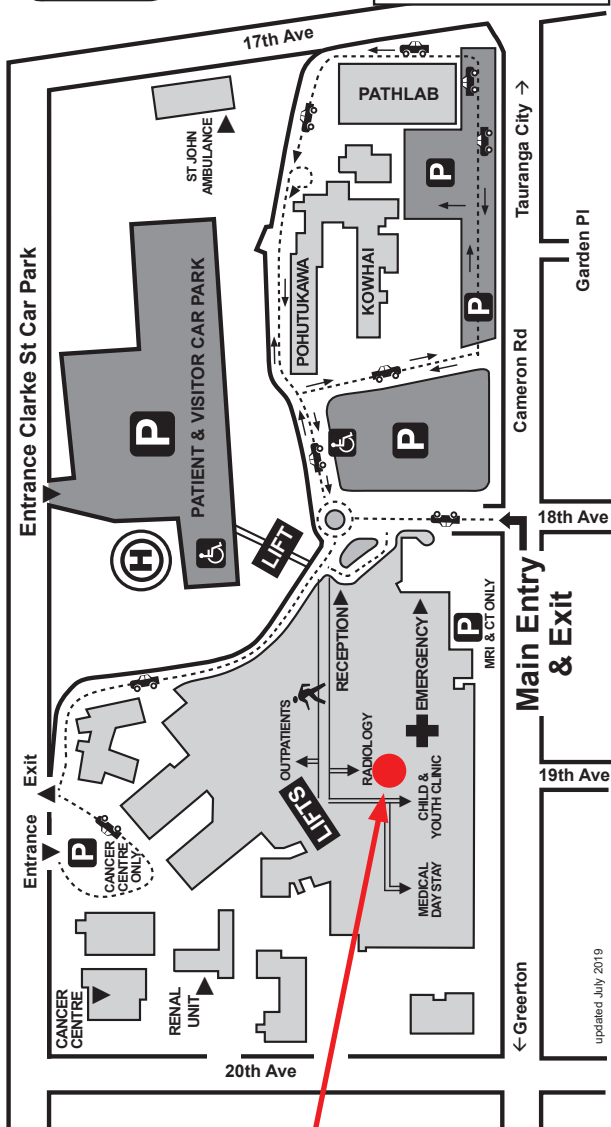
- P** PUBLIC PARKING
- ♿** DISABLED PARKING
- 🚚** VEHICLE ACCESS
- 🚁** HELICOPTER

**TAURANGA HOSPITAL**  
Cameron Road  
Ph 07 579 8000

**Do you need transport?**



**St John**  
Phone 0800 824 325  
St John Health Shuttle  
(to be booked 2 days in advance)



**Orthopaedic Outpatients is here**



# Paediatric Orthopaedic Triage Service (POTS)

## Tauranga Hospital

A paediatric orthopaedic assessment service

The BOPDHB is committed to empowering our population to live healthy lives

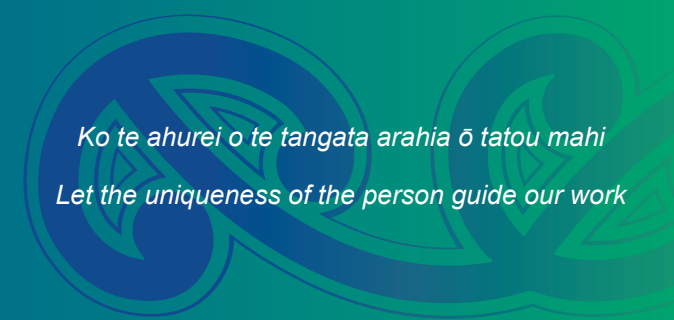


**BAY OF PLENTY**  
DISTRICT HEALTH BOARD  
HAUORA A TOI

*The Bay of Plenty District Health Board has an active commitment to the Te Tiriti o Waitangi and the improvement of Māori health.*

**Tauranga Hospital 07 579 8000**  
**Whakatāne Hospital 07 306 0999**  
[www.bopdhb.govt.nz](http://www.bopdhb.govt.nz)

BOPDHB Design & Print Dept - May 2021



*Ko te ahurei o te tangata arahia o tatou mahi*  
*Let the uniqueness of the person guide our work*

## What is POTS?

POTS is a physiotherapy led service that provides assessment and treatment by an expert physiotherapist for tamarki (children) with orthopaedic conditions.

The paediatric physiotherapist will complete a detailed assessment of your child's condition and provide you with a management plan which may include:

- Advice and information to help you understand your child's condition
- An exercise programme
- A referral for physiotherapy treatment
- A referral to see a doctor who specialises in orthopaedics

## Additional Support

You are welcome to bring someone to your appointment.

We have interpreter services & chaperone service should you require them.

We have a wonderful Te Pou Kōkiri (Māori support worker) available to tautoko and manaaki. When you are booking with us, please let us know if you would like their support.



## What to expect

Your child will be seen by a friendly paediatric physiotherapist.

The clinic will be based within the Orthopaedic Outpatient Department at Tauranga Hospital.

Please allow up to 1 hour for the appointment.

Please bring any relevant medical documents or imaging (X-rays) that your child may have had.

Your appointment will involve discussion around your child's condition and include a physical assessment. This may require your child to remove some items of clothing to allow for an appropriate assessment.

Please ensure your child is wearing comfortable clothing (shorts preferable) and footwear your child usually wears. This will allow your child to run, jump and hop as part of the assessment.

## Where to come

**Orthopaedic Outpatients  
– Tauranga Hospital**

Report to reception on arrival.

## Appointment cancellations/ rebooking(s):

Please call the Patient Information Centre on 0800 333 477 for all appointment related queries.

We know it's not always possible, but we ask that you provide as much notice as possible if you need to cancel and/or rebook so that your appointment can be offered to someone else.



*Live well, stay well, get well*

