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## FIRST TRIMESTER TERMINATION SERVICES

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<b>Date:</b>	February 2018
<b>To:</b>	Bay of Plenty DHB General Practices, School Based Health Services and Lakes DHB Lead Maternity Carers
<b>From:</b>	Pip King Portfolio Manager Maternal, Child and Youth Lakes DHB
<b>Subject:</b>	Change of service for Bay of Plenty DHB women seeking Surgical First Trimester Termination of Pregnancy services from 22 February 2018
<b>For your:</b>	Information and action

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### Introduction

- Please be advised that Lakes DHB will be delivering First Trimester Surgical Termination of Pregnancy (TOP) services from Rotorua Hospital from 22 February 2018. This includes surgical terminations for BOP DHB women.
- The Rotorua Hospital service will provide surgical terminations up to 13.6 weeks.

### Background

- The change has come about because Waikato DHB will no longer be providing a surgical termination service at Tokoroa Hospital. Lakes DHB has taken the opportunity to remodel the service with BOP DHB and make surgical terminations closer to home and integrated into other existing women's health and sexual health service.

### Referrals

- The current surgical referral pathway to Waikato will redirect referrals while we implement the BPAC referral to the Rotorua Hospital service.
  - For services making hard copy referrals we will provide new referral forms.
  - We will provide new information booklets for women having a first trimester termination with directions to the new service and phone numbers.
  - The current medical TOPS referral pathway is to Family Planning in Tauranga. These referrals can continue.
  - If a woman is unsure whether she wants a medical or surgical termination refer her to the Rotorua service as early as possible. The service will provide women with further information, offer decision making counselling and be able to discuss their options following the referral. The referrals for both medical and surgical will be on the same system through BPAC E-Referrals or the hard copy referral form.
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- Referrals can be made by general practice, other primary care providers, youth health services, school health services and we will accept self referrals. The key issue is referral as early as possible in pregnancy. The new service will provide both options depending on gestation.

### Service Model

- The service is to be provided on a Wednesday and Thursday each week at the Rangiora Clinic on the Rotorua Hospital site.
- Surgical TOPS will be available weekly.
- Referral of pregnant women considering termination as soon as possible is encouraged. Do not wait for scan and blood test results. Terminations performed earlier in pregnancy are less complicated, safer, and take less time, therefore making the procedure less traumatic for the patient, their support people and clinicians.
- The service will provide all certifying consultant requirements, counselling, nursing, after care and contraception.
- The service will have full time nursing and administrative staff dedicated to communicating with women, organising their appointment, answering all queries and checking or organising the necessary scans, bloods and USS requirements have been completed. Surgical procedures will usually be on a **Thursday**.
- A discharge letter will be sent to the referrer with follow up arrangements

<b>For all enquiries:</b>	
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