

THINK MEASLES

and help stop the spread

There is currently a measles outbreak in New Zealand, including the Bay of Plenty and Lakes districts

Your patient could have measles - Think measles

The early symptoms of measles to look out for:



fever

sore red eyes

loss of appetite

runny nose

cough

sometimes diarrhoea and vomiting



Has the patient travelled recently to places with measles outbreaks (e.g. other areas of New Zealand or Pacific Island countries)?



Has the patient been in contact with a confirmed measles case?



Is the patient unimmunised?

If the patient has these symptoms or says yes to questions - Think measles

Ensure the patient is placed in isolation so that any vulnerable babies, children or adults attending the practice are not put at risk of being exposed to measles.

No rash? - Think measles

The rash is one of the last symptoms to appear, and this can happen after 3 to 5 days of the patient being unwell.

Suspect measles? Notify public health immediately

Notify the Medical Officer of Health at Toi Te Ora Public Health as soon as you suspect measles – do not wait for a laboratory confirmation. Visit www.toiteora.govt.nz/measles for more information.

Thank you for helping taking care of patients with suspected measles and your actions to help protect vulnerable babies, children and adults from becoming ill with this serious disease.

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